



Arkansas Department of Emergency Management

Building 9501 | Camp Joseph T Robinson | North Little Rock, Arkansas 72119

FOR IMMEDIATE RELEASE

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FOR MORE INFORMATION CONTACT

ADEM Public Information: (501) 683-6700

publicaffairs@adem.arkansas.gov

Get Ready for the *ShakeOut!*

Arkansans can join in multi-state earthquake drill Oct. 17

The second annual *Great Central U.S. ShakeOut* multi-state earthquake drill is Thursday, Oct. 17, at 10:17 a.m. By signing up for the *ShakeOut*, Arkansans can learn about earthquake safety and also join in the largest simultaneous earthquake drill ever held.

Registration is the first step to participation and can be done at shakeout.org/centralus/. The *ShakeOut* has been organized to increase awareness of the “Drop, Cover, Hold On” method of protection during an earthquake. Many items inside buildings are susceptible to falling during an earthquake, so knowing what to do when during an earthquake can prevent injuries and deaths. Prevention includes the following steps:

- **DROP** to the ground (before the earthquake drops you)
- Take **COVER** by getting under a sturdy desk or table, and
- **HOLD ON** to it until the shaking stops

Additional information about participating in the *ShakeOut* drill is available on the Arkansas Department of Emergency Management (ADEM) Webpage focused on the earthquake risk in the state and earthquake preparedness. The Web page, which can be found at adem.arkansas.gov/ADEM/Divisions/Preparedness/earthquake/index.aspx/, includes:

- A registration link for the *ShakeOut*, so participants can be counted;
- Complete information on how to participate in the drill; and
- Earthquake related training courses.

More than 100,000 Arkansans participated in the previous *Great Central U.S. ShakeOut* this past February. The annual *ShakeOut* drill has been moved to October 17 so that the drill in Arkansas and nine other central U.S. states will now take place on the same day that people in more than 30 other U.S. states and territories will also be conducting similar drills.

The Arkansas Department of Emergency Management (ADEM) is the state's homeland security and preparedness agency. The agency works to identify and lessen the effects of emergencies, disasters and threats to Arkansas by developing effective prevention, preparedness, mitigation, response and recovery actions for all disasters and emergencies. For additional information, contact ADEM at (501) 683-6700 or visit the website at www.adem.arkansas.gov.

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